

SUPPLEMENT FACTS

Serving Size: 1 Stick (5 g) Servings Per Container: 30

Amount Per Serving % Daily Value		
Calories	10	
Total Carbohydrate	2 g	<1%*
Dietary Fiber	2 g	8%
Vitamin A (as beta-carotene)	275 IU	6%
Vitamin C	60 mg	100%
Vitamin B2 (as Riboflavin)	1.4 mg	82%
Vitamin B3 (as Niacin)	10 mg	50%
Vitamin B6 (as Pyridoxine hcl)	2 mg	100%
Vitamin B12 (as Methylcobalamin)6 mcg		100%
Potassium	90 mg	3%
Lights ON Proprietary Blend	2.89 g	†

Fibersol-2, Taurine, Green tea extract (camellia sinensis) (leaf) (with 90% caffeine), Cherry fruit powder, Blueberry fruit powder, Guarana extract (seed), Bacopa monierri whole herb, Eleuthero extract (root), Maca powder (root), Pau d'arco powder (bark), Angelica powder (root), Glucosamine hcl, tyrosine, glucoronolactone, Acaiberry extract (euterpe oleracea) (fruit), Gojiberry extract (lycium barbarum) (fruit), resveratrol (polygonum cuspidatum) root extract, hawthorn berry

Other ingredients: citric acid, natural flavors, potassium citrate, silica, sucralose, natural colors (carmine, betacarotene), organic steviol glycoside.

Contains: Crustacean Shellfish (crab and shrimp)

Directions: Add one stick packet to 8-12 fl oz (240-360ml) of water, mix and enjoy!

- * Store at 15-30*C (59-86*F).
- * Protect from heat, light and moisture.
- * Do not purchase if seal is broken.

^{*} Percent Daily Value is based on a 2,000-calorie diet. † Daily value not established.